

Herbs For Your Health: A Handy Guide For Knowing And Using 50 Common Herbs By Steven Foster

By Steven Foster

This beautiful book is a handy guide for knowing and using 50 common herbs. Herbs For Your Health Miracle Health System.

<http://www.yourhealthbydesign.com/herbs-for-your-health/>

Foster, Steven 1957- a sensible guide to the use of herbs and related remedies by Steven Foster a handy guide for knowing and using 50 common herbs by

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Steven Foster is the author of eleven books and several book chapters about medicinal plants

<http://www.stevenfoster.com/publications/>

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<http://www.herbsforyourhealth.com/>

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<http://umm.edu/health/medical/altmed/herb/uva-ursi>

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Finding and Using Medicinal Herbs Your Guide to Health With Foods & Herbs : by Foster, Steven, et al;

<http://www.shop.com/Books/Medicinal+Herbs>

Jan 26, 2015 Evidence-based information from the National Center for Complementary and Integrative Health, Dandelion. Natural Medicines Herbs at a Glance;

<https://nccih.nih.gov/health/dandelion>

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